

Help us to do a survey of the Medes Islands marine protected area

From the Medes Islands marine protected area, we are making a survey of their marine flora and fauna. For that reason we ask you to answer the questionnaire found at the back of this leaflet and post it either in our information centre or send it by post to our address.

QUESTIONNAIRE

Please complete the questionnaire marking the corresponding square with a cross. If you are not sure that you recognise the species just leave the box blank.

DIVING DATE

NAME AND SURNAME		
<input type="text"/>		
DATE	TIME	
___ / ___ / 20__	:	
BOAT'S NAME		
<input type="text"/>		
DIVING SITE		
<input type="text"/>		
MAX DEPTH	WATER TEMP.	BOTTOM TIME
m	°C	h min.

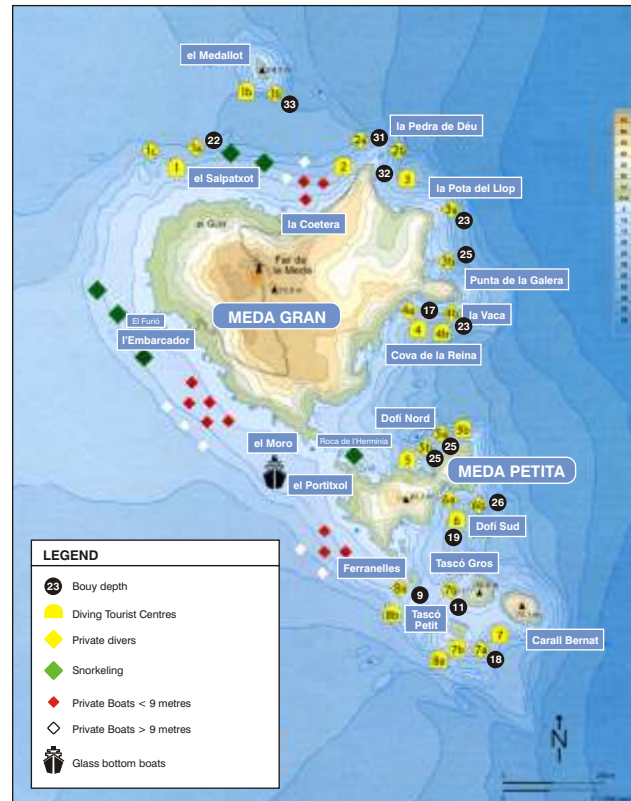
Do you want us to inform you about the activities that the Medes Islands Marine Protected Area organizes?

Please leave your e-mail:

Diving at the Medes islands marine protected area

The Medes islands have been marine protected area since 1983. Due to good continuous management and good state of conservation they are considered one of the best marine protected areas in the whole of Mediterranean. All the activities in the Medes islands protected area are controlled. To dive there is necessary to obtain a licence from the Marine protected area office or from an authorised diving centre.

Diving sites of the Medes islands



Àrea Protegida
de les Illes Medes



Generalitat de Catalunya
Departament de Medi Ambient
i Habitatge

Information and procedure of licenses:

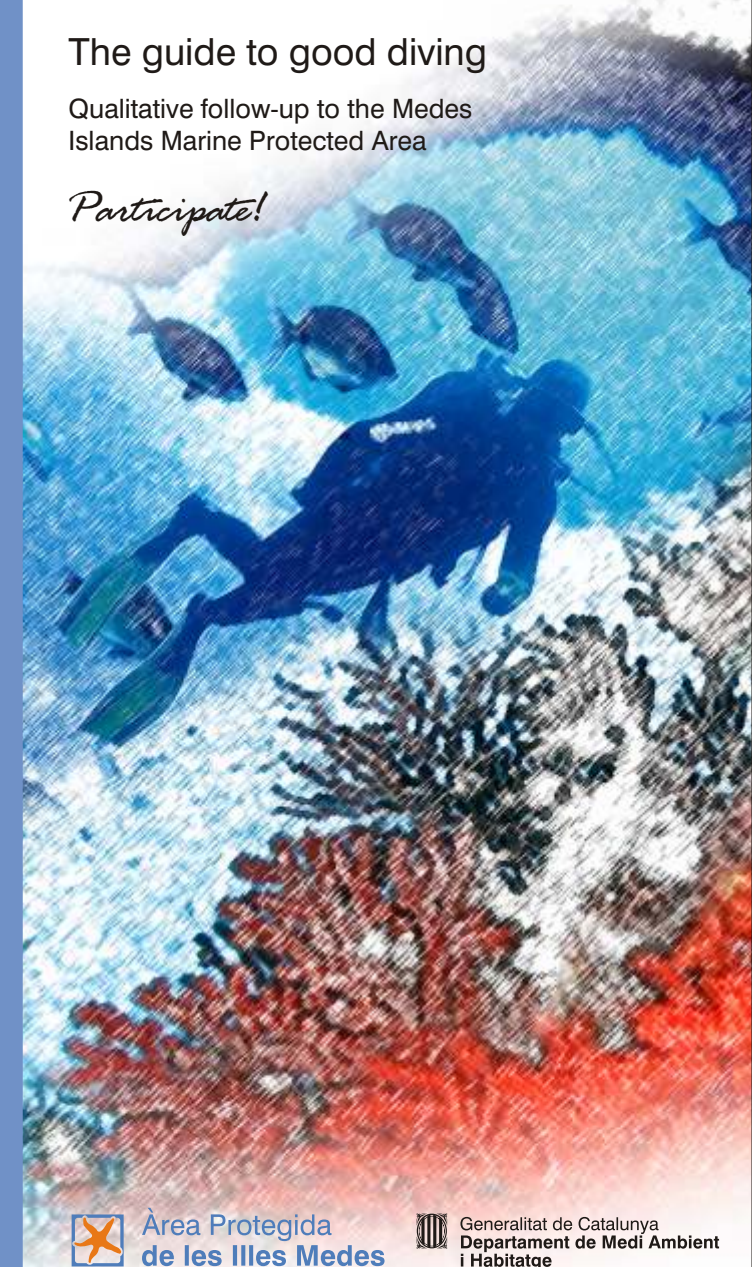
Passeig del Port, s/n - 17258 l'Estartit
Telf. 972 75 11 03
Telf. 972 75 17 01
Telf. 972 75 20 04
mmillesmedes.dmah@gencat.net
Timetable: de 9.00 a 13.00 h

The respectful diver

The guide to good diving

Qualitative follow-up to the Medes Islands Marine Protected Area

Participate!



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de les Illes Medes



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The respectful diver

Diving is not an aggressive activity but if not practised correctly it can produce a negative effect on underwater life.

The respectful diver dives without interfering with the environment

To be a Respectful diver you have to follow some simple guidelines.

Buoyancy

Diving without control over your buoyancy negatively affects the flora and the fauna; every time you touch the bottom you can harm all the organisms that live there. Being a respectful diver means diving correctly, using diving techniques and controlled buoyancy as not to harm underwater life.

Interacting with our surroundings

Our presence underwater already has a disturbing affect. We must try to keep this disturbance to a minimum and make sure that it doesn't have a negative affect on the organisms that live there.

When we enter a cave, the bubbles we expel are retained on the ceiling (even it is momentarily), and these negatively, affect the delicate organisms being surrounding them by a bubble of air.

Feeding the submerged fauna food is very bad for the health of the animals and negatively affects the natural food chain.

Do not leave any waste, which will affect the environment where you have dived.

The good diver code

- 01 De-Briefing of the diving site before starting the dive, and respect the specific regulations that effect the areas.
- 02 Check out the weather forecast, and factors that can affect you during the dive.
- 03 Keep yourself fit and technically prepared.
- 04 Check your equipment periodically.
- 05 Practice in controlled environment and under the supervision of your instructor.
- 06 Learns different buoyancy techniques in order to be able to observe the bottom without spoiling it.
- 07 Avoid touching the bottom with your fins, during the dive.
- 08 Stop your descent on the buoy line, before reaching the bottom.
- 09 Avoid entering caves, the bubbles of air will affect negatively on all ceiling marine life.
- 10 Do not interfere in the marine life, do not touch the flora and the fauna.

To be a respectful diver:

Follow training courses to improve your diving technique and to learn more about the underwater environment.

Dive respectfully and safely.

Participate in ideas to preserve the environment.

Be a good scuba diver!

Questionnaire

	I have not seen any	I have seen some	I have seen many	I have seen lots
Amount of fishes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fishes seen with little frequency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Amount of divers underwater	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Amount of boats on your diving zone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Salema	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Octopuses	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Horey eel	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cape	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saddles breams	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Zebra sea bream	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dentex	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Corbs	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Groupers	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spets	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Common eagle rays	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Moray eels	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Conger eels	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lobsters	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cape town lobsters	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Red starfishes	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Red Coral	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sea bass	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Broken red sea fans	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mediterranean sea horses	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sertella sp.	→	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

This information will help us have a global idea about the Medes islands, biodiversity and detect possible changes in the equilibrium of the underwater populations in the future.

Thank you for your collaboration!