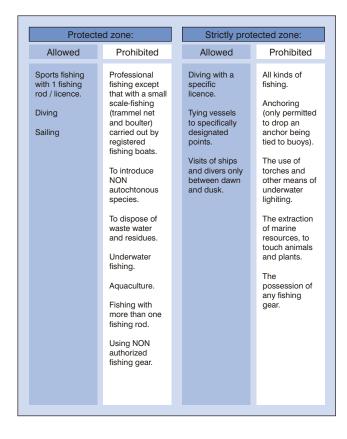


#### **Medes Islands Marine Protected Area**

The Medes Islands Marine Protected Area has a special regulation that affects navigation, with the purpose of protecting this natural area:



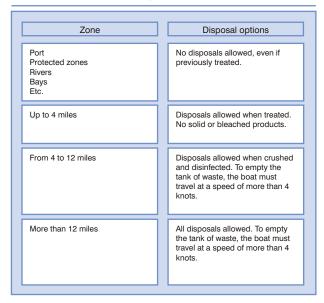




# The disposal of products into the sea

The MARPOL convenant regulates the disposal of wastewater and other products into the sea.

#### Table of waste-water disposals



## In addition, as a general rule, it is prohibited to dispose of the following items:

- Plastic, glass cans, packaging and packages.
- Oils and residues of fuels and other hydrocarbons.
- Oily water.
- The remains of food at less than 12 miles from the coast.

According to the specific regulations for the Medes Islands, and international regulation, it is strictly prohibited to dispose of any kind of substance inside the Medes Islands Marine Protected Area.

# International regulation for the prevention of boardings

There is an international regulation: the prevention of boardings called the RIPA, regulating how to avoid them and the whole traffic at sea.

The fact that at some times there is a very dense traffic of ships makes it very important to be aware of the priorities established in this regulation:

## Amongst other procedures, it is essential to be familiarized with the priorities between crafts:

- 1. Craft without steering.
- 2. Craft with restricted manouvering capability.
- 3. Fishing craft (outside the reserve).
- 4. Sailboat.
- 5. Mechanically powered craft.

### Basic priorities between sailing boats:

- 1. The craft sailing on starboard has priority.
- 2. When both crafts are sailing with the wind coming from the same side, the craft sailing to the lee has preference.
- **3.** When the defeat and beem reach is unclear, it is necessary to keep clear of the defeat of the other craft.

### Basic priorities between motor boats:

- 1. When a boat catches up with another one, it is necessary to avoid it.
- **2.** When two crafts are crossing each other, the one sailing on starboard has preference.
- **3.** When two crafts are on an opposing return (when crafts are facing each other) both crafts must fall to starboard.

### Ten procedures for a good sailor

- 01 Check the weather forecast.
- 02 Plan and give notice of outings.
- 03 Check the craft before setting sail.
- Adopt the necessary safety procedures on board.
- 05 Moderate speed.
- 06 Follow preference regulations at sea.
- **07** Follow the MARPOL regulation.
- Take care when dropping anchor and always carry a spare one.
- 09 Continue training to keep updated.
- 10 Correct maintenance of the craft.

In addition, it is important to carry the following on board: Food, water, warm clothes, a first aid kit, petrol, a radio, a telephone and a list of emergency numbers in case of need.

### **Table of contacts**

Maritime Salvage	902 202 202
Salvament marítim VHF	Maritime Salvage VHF
Maritime Salvage Medium Wave	2.182 Khz
Emergencies telephone	112
My nautical club	
My nautical club VHF	
Contact person on land	